



Detailed Itinerary:

Day 1:- Fly to Leh.

Altitude 11,400 ft.

Stay in guest house.

Keep your woollen cap and gloves handy.

Flying over miles and miles of heavily snowed mountains will tell you just why it's impossible to reach Ladakh by road in the winters. The moment you land at the Leh airport, one of the highest airports in the world, you will feel the fresh and crisp air, and a drastic drop in the temperature. The town has just begun shedding off the thick winter slumber and is slowly coming to life. Taking a stroll through the Leh market, you will find that very few shops and eateries in the town are open for business; but if required, some last minute-shopping for the trek can be done here. The chill in the air will serve only as a preview of the temperatures during this winter Trek. The night is spent in a cozy guest house.

Day 2:- Acclimatization and Medical Checkup

Day 3:- Drive to Shingra Koma.

10,390 to 10,550 ft.

Trek 10 kms.

Stay in tent.

The biggest challenge of this day, and all the remaining days, is to get out of the warm toasty sleeping bags and go out into the giant freezer outside, but the steaming cups of tea being served provide ample motivation.

Today is a long walking session, about 10 km, on the Chadar. The trek leaders give a briefing about the day, and give tips on how to walk on the Chadar. Depending on the weather, the Chadar can assume various forms. It can be a cold and hard surface of slippery ice, or it can have a dusting of snow over it, providing a good grip. The ice can be thick or thin, and its best to keep closely following the guide. The locals, it appears, have a sixth sense as to where exactly to step on the *Chadar*. At places, it might be necessary to wade through ankle deep water, or climb on the cliffs at the side of the river. Eventually you get used to walking on the Chadar, which looks like a cross between gliding and skating. Mid way to Gyalpo, the porter-cum-cooks prepare hot bowlfuls of soupy noodles for lunch. It is important to keep up a decent level of fluid intake. Nothing makes you adapt to the conditions faster than nicely circulating blood in your system.

After passing Shingra koma, you reach the camp-site for the day at Gyalpo. The Gyalpo campsite is at a bend in the river, surrounded by high peaks and walls of rock-faces which almost look man-made. All that is left to do is to soak in the views, have an early dinner and call it a day.



Day 4:- Shingra Koma to Tibb Cave.

10,550 to 10,760 ft.

Trek 15 kms.

Stay in tent.

This day follows the same early morning routine: bed tea at 7, breakfast at 8, and quick-march at 8:30. Have a good breakfast, as today is the longest walk of the day – almost 15 km. But that is nothing to worry about, all the walking keeps you incredibly warm.

Today's walk through the deep ravines of the Zaskar is stunning. The sublime walls of the mountains on either sides of the river keep the sunlight away from the Chadar for most part of the day. There are numerous caves in these mountains, big and small. Today is the day when you can see frozen waterfalls, some higher than the others. As the fable goes, centuries ago the local villagers faced a dearth of water and went to Tibet to plead for water. They were given a box which they were to open once they reached the village, and not any time sooner. But curiosity got the better out of them, and when they opened the box, two fishes jumped out of it, creating two huge waterfalls. One of those waterfalls, miraculously, is not iced-up even in such freezing cold. The rocks below this waterfall are covered with moss, and this is the only greenery you'll see on this trek.

At Tibb, there is a big cave. This cave is the dwelling of all the porters, and they welcome you warmly in here. The highlight of the day is to share a cup of butter-tea with them!

Day 5:- Tibb cave to Naerak camp.

10,760 to 11,150 ft.

Trek 12.5 kms.

Stay in tent.

Attraction Frozen waterfall.

Today is the most spectacular of all days on this trek. Walking on the river you cross deep gorges and reach a point where Juniper trees are covered with prayer flags. The porters give you a twig of this tree tied with a piece of prayer flag as a badge of good-luck and good-health. A few steps away stands the mother-of-all frozen waterfalls – a huge instance of suspended animation several feet tall and equally wide. You can see dozens of colours in this enormous ice structure as sunlight plays off its surface. Right next to the waterfall is a bridge across the river which is a part of the summer-time road from Zaskar to Leh.

The Naerak village lies several feet above the river, a vigorous hour-long trek can take you to the village if you want to see the life of a Zaskari. The camp is set up close to the river.



Day 6:- Naerak to Tibb Cave.

11,150 to 10,760 ft.
Trek 12.5 kms.
Stay in tent.

Today you start the return journey and go back to the Tibb cave. And if you thought that it was just a matter of retracing your steps back to Chilling, you can think again. The Zaskar River reacts to the slightest change of temperature, and constantly keeps repackaging itself. The Chadar would have assumed a completely new form, and will it will almost be impossible to say whether you have been here before.

On the way, you can meet a lot of locals wearing their traditional woollen Gonchas – some of them monks who are hiking from the Lingshed Monastery to Leh, some of them young students accompanied by their parents returning to their schools in Leh after the winter vacation. Watching the locals negotiate the Chadar is a fascinating sight. They are suitably adept to the climate and seem very much at home in the sub-zero temperature and the biting cold winds. Nothing wipes the smiles off their faces and dampens the warmth of their spirit.

Day 7:- Tibb Cave to Shingra Koma.

10,760 to 10,550 ft.
Trek 15 kms.
Stay in tent.

Starting from Tibb, go up to Gyalpo today. The high walls of mountains rising from the sides of the river almost look like castle walls. You can see several trails of pug-marks all along the trek – footprints belonging to foxes, ibex or snow-leopards. You would be lucky to view a snow-leopard; but you can almost be sure that you are being watched by one all the time.

Day 8:- Shingra Koma to Tilad Do and drive to Leh.

10,550 to 10,390 and drive to 11400 ft.
Trek 10 kms.
Drive 65 kms.
Stay in guest house.

This is the last day of treading on the Chadar – the last chance to immerse in the pristine beauty of the frozen river. Once you reach Tilad Do, it is time to say good-bye to the Zaskar and the Zaskaries. Our team and our porters will take good care of you and make this trek one of the most memorable experiences for you. Tonight you get to sleep in a warm guest-house again.



Day 9:- Return from Leh.

As this unforgettable journey gets over, you depart from Leh having a newfound respect for the Zanskaries who brave all odds and survive with style in their beloved land. This trek also leaves behind a tremendous feeling of accomplishment – one of having undertaken and endured an extraordinary and challenging trek. The Chadar trek will be a cherished memory for life.

PACKAGE COST: Rates are based on minimum 3 adults travelling together

PACAKGE	Hotel Name	Per Person on Triple Sharing basis
Deluxe	Hotel The Zen Ladakh/Similar	RS. 32,999/-Per Person
Budget	Guest House/Similar	Rs. 20,999/-Per Person

Environment Fee of Rs. 2500 additional.



INCLUSIONS:

<u>DELUXE PACKAGE</u>	<u>BUDGET PACKAGE</u>
✓ Accommodation on Triple sharing basis.	✓ Accommodation on Twin/Triple sharing basis.
✓ First and Second day Leh Local Sightseeing.	✓ First day Leh Local Sightseeing.
✓ Breakfast and Dinner in Leh(First and Last night)	✓ Breakfast in Leh Included (First and Last Night)
✓ All Meals while on Trek(Vegetarian)	✓ All Meals while on Trek. (Vegetarian)
✓ Trekking equipment (Sleeping Bag, Mattress, Kitchen & Dinning Tent, Utensils, and Tent).	✓ Trekking equipment (Sleeping Bag, Mattress, Kitchen & Dinning Tent, Utensils, Tent).
✓ First Aid Medical Kits, Stretcher and Oxygen Cylinder.	✓ First Aid Medical Kits, Stretcher and Oxygen Cylinder.
✓ Qualified & professional Trek Leader, guide and Support Staff.	✓ Qualified & Professional Trek Leader, guide and Support Staff.
✓ Both way Airport Transfers. Transportation from Leh to Trekking point and back	✓ Both way Airport Transfers. Transportation from Leh to Trekking point and back
✓ Travel insurance	✓ Travel insurance



Exclusions:

1. Food / Meal / Beverages in Leh.
2. Any kind of personal expenses.
3. Medical & Travel insurance.
4. Mules or porter to carry personal luggage.
5. No Pickup and Drop from Airport / Airfare to and from Leh.
6. Tips, Laundry, Phone Calls
7. Environmental fee,ALTOA fee,Wildlife Charges
8. Anything not specifically mentioned under the section "Tour Inclusion"

Trekking Dates:

Trekking starts from 12th Jan, 2019 onwards

Please find below Chadar Trek Fixed Departure Dates.



SL No	Start Date	End Date
1	12-Jan-19	20-Jan-19
2	13-Jan-19	21-Jan-19
3	14-Jan-19	22-Jan-19
4	19-Jan-19	27-Jan-19
5	20-Jan-19	28-Jan-19
6	21-Jan-19	29-Jan-19
7	25-Jan-19	2-Feb-19
8	26-Jan-19	3-Feb-19
9	27-Jan-19	4-Feb-19
10	28-Jan-19	5-Feb-19
11	2-Feb-19	10-Feb-19
12	3-Feb-19	11-Feb-19
13	4-Feb-19	12-Feb-19
14	9-Feb-19	17-Feb-19
15	10-Feb-19	18-Feb-19
16	11-Feb-19	19-Feb-19

Note: The departure of the group is subject to a minimum group size of 10, failing which the departure will be shifted to next available date where the minimum group criteria has been met.

We shall keep you posted on the status from time to time.



PAYMENT POLICY:

- 25% of the total amount needs to be paid as an advance immediately after confirmation.
- 25% more payment needs to be paid 25days before arrival.
- Remaining 50% payment 15 days before arrival.

CANCELLATION POLICY:

- 0-15 days before arrival-100% Non Refundable
- 15-25 Days before arrival-50% Non refundable
- 25 days to date of booking 25% Non Refundable
-

NOTE: In case the Chadar Trek gets cancelled because of natural phenomenon or any other reason beyond our control, we shall try to arrange for alternative treks like Lamayuru Trek, Zaskar Valley Trek or the Indus River Trek looking at the situation and possibility of the events. If the participant is unwilling to go for the alternative trek, there would be no refunds. As for Chadar trek, all the services have to be arranged before hand and cannot be shifted to any other date.

No show and Trek Changes/Cancellation due to bad weather or natural calamity will be non-refundable. No money shall be refunded in case a person is rescued and brought back to the base camp before the said date. If the travellers need to return before the trip ends, they shall have to bear all the expenses for accommodation, transport and meals at Leh or any other place.

Hope you find the above in order. Please feel free to revert for any further details.
Look forward to hear from you.

Thanks and regards...



Hema Agarwal
9210277771
011-26162706