



Chadartrekladakh.com

DETAILED ITINERARY:

DAY 1: DELHI – LEH:

Arrive at Leh airport, to be received by our representative & transferred to the hotel. Take full day rest at the hotel as you need to acclimatize well. Overnight stay at Leh.

DAY 2: LEH TO CHILLING DRIVE, AND A SHORT TREK TO TILAT SUMDO.

In the morning we leave by private vehicles with our support staff to begin this amazing and most exciting winter trek. Shortly after leaving Leh, we reach Nimoo, the confluence of Zaskar and Indus rivers. The sight is amazing as the iced up and frozen Zaskar meets the fast flowing Indus. A great place for Photo Stop. We then drive down from Nimoo following the track parallel to the frozen Zaskar River. A drive towards the road head beside the frozen river is another amazing experience. Travel distance between Leh and Chilling is around 64 KM. We reach the point, past the village of Chilling to where the road head ends. Touching the Chadar first time, we start the trek for 1-2 hrs along the magnificent frozen river Zaskar till Tilat Sumdo. Overnight in tent.

MEAL PLAN: BREAKFAST, LUNCH AND DINNER

DAY 3: TREK TO TSOMO PALDAR:(9KMS/6HRS TREK)

Wake up around 7:00 am, freshen up & after breakfast you are ready for a day full of frozen ice river trek by 9:00 am. Hearing the different sounds of Chadar forming and breaking, you will soon get familiar where the Chadar or the ice cover is thick and thin. Lunch is in between the trek. We all stop where sunlight is abundant though duration is much less as the river flows through a gorge and direct sunlight time is limited. We trek again on frozen ice towards the designated camping site for the day. Overnight at camp.

MEAL PLAN: BREAKFAST, LUNCH AND DINNER

DAY 4: TSOMO PALDAR – DIBB :(14.5KM/8HRS TREK)

After breakfast, we head for another day of expedition on the ice among some of the most fantastic landscapes and ice vistas. Though today is the longest day of the trek, we pass through some magnificent beautiful waterfalls and frozen ice cliffs on the left - it is like walking through a giant freezer! The walk also crosses through narrow gorges, where the trekker may have to climb briefly on to the Rocky River bank. The sharp bends and current of the river breaks the ice in some places. We might even catch sight of **Bharals** or **Blue Sheep** as we trek along the frozen river. Lunch in between on a flat rocky hill side by the river. Overnight at camp

MEAL PLAN: BREAKFAST, LUNCH AND DINNER

DAY 5: TREK FROM DIBB TO NYERAK PULLU(11.5KMS/7HRS)

Again one of the magnificent days on the Chadar trek. However, the caution being that this can become difficult if the Chadar is not very firm. The vistas are stunning though, as we pass through giant frozen waterfalls, ice cliffs and one may even catch sight of the Mountain Fox. – After lunch we pass the '**Incense Tree**', called so, because the locals use its branches to burn in their morning rituals, and the prayer flag draped tree, marks the entrance to Zaskar proper. The porters will normally take a few twigs from the tree. We reach Naerak Campsite by late afternoon. An old, dilapidated bridge on the river as folklore goes is thought to be more than an 1000 years old. A trail is normally beaten through in the snow, towards the village up high in the mountains. Overnight at camp.

MEAL PLAN: BREAKFAST, LUNCH AND DINNER

DAY 6 - RETURN TREK: NAERAK – DIBB:

Though technically it is the same way back, it is also quite different. The Chadar or the blanket of ice that is forming on the River Zaskar is always changing, breaking up and forming itself again. As the Chadar dynamics are ever changing, the same route and place would look and feel different as the texture and conditions change. All along the way, cyclists will pass by and you will meet a lot of locals wearing their traditional woolen Gonchas, trekking their way towards the village of Padum, Lingshed and Naerak. Pleasantries are exchanged and even a few stories and legend about Zaskar and its people can be heard. Their warmth and smile is amazing among all the hardships. Overnight at camp.

MEAL PLAN: BREAKFAST, LUNCH AND DINNER

DAY 7 - TREK FROM TIBB TO SHINGRA KOMA:

Today we trek from Dibb to Shingra Koma. Shingra Koma is a big camping ground on your right as you walk up stream. It is right below a huge stone wall which is straight out of a hollywood movie. The Zaskar river takes a beautiful turn right in front of the camp site and sharp peaks rise on the other side of the river. Overnight at camp.

MEAL PLAN: BREAKFAST, LUNCH AND DINNER

DAY 8 - SHINGRA KOMA - TILAT DO - LEH.

Today is the last day of this amazing and unique trek. We finally return to the road head where our vehicle will be waiting to take us back to our hotel at Leh. On arrival at Leh, check into your hotel & relax & linger on to the experiences of this ice trek that you will always cherish and remember for a life time.

MEAL PLAN: BREAKFAST, LUNCH AND DINNER

DAY 9 DEPART FROM LEH.

Transfer to the Airport to board your flight back home.

MEAL PLAN: BREAKFAST

PACKAGE COST: BASED ON PER PERSON

PACAKGE	Hotel Name	Per person on Twin sharing basis	Per Person on Triple Sharing basis
Deluxe	Hotel The Zen Ladakh /Similar	33000/-	31999/-
Budget	Guest House /Similar	18999	16999/-

Environment Fee of Rs. 2500 additional.

INCLUSIONS:

<u>DELUXE PACKAGE</u>	<u>BUDGET PACKAGE</u>
✓ Accommodation on Twin/Triple sharing basis.	✓ Accommodation on Twin/Triple sharing basis.
✓ All meals in Leh(First and Last night)	✓ Breakfast in Leh Included (First and Last Night)
✓ All Meals while on Trek	✓ All Meals while on Trek
✓ Trekking equipment (Sleeping Bag, Mattress, Kitchen & Dinning Tent, Utensils, and Tent).	✓ Trekking equipment (Sleeping Bag, Mattress, Kitchen & Dinning Tent, Utensils, Tent).
✓ All necessary Permits and Entry Fees.	✓ All necessary Permits and Entry Fees.
✓ First Aid Medical Kits, Stretcher and Oxygen Cylinder.	✓ First Aid Medical Kits, Stretcher and Oxygen Cylinder.
✓ Qualified & professional Trek Leader, guide and Support Staff.	✓ Qualified & Professional Trek Leader, guide and Support Staff.
✓ Both way Airport Transfers. Transportation from Leh to Trekking point and back	✓ Both way Airport Transfers. Transportation from Leh to Trekking point and back
✓ Travel insurance	✓ Travel insurance
✓ Individual Porter included in this package	✓ Porter cost is not included.

EXCLUSIONS:

- Any kind of personal expenses.
- Food mentioned as per inclusions.
- Mules or porter to carry personal luggage.
- Anything not specifically mentioned under the Inclusions
- Any additional permits levied by local authorities over and above the ones currently applicable
- Service Tax Extra (4.50%)

Trekking Dates:

Trekking starts from 10th Jan, 2017 onwards

Note: The departure of the group is subject to a minimum group size of 10, failing which the departure will be shifted to next available date where the minimum group criteria has been met.

We shall keep you posted on the status from time to time.

PAYMENT POLICY:

- 25% of the total amount needs to be paid as an advance immediately after confirmation.
- 25% more payment needs to be paid 25days before arrival.
- Remaining 50% payment 15 days before arrival.

CANCELLATION POLICY:

- 0-15 days before arrival-100% Non Refundable
- 15-25 Days before arrival-50% Non refundable
- 25 days to date of booking 25% Non Refundable

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NOTE: In case the Chadar Trek gets cancelled because of natural phenomenon or any other reason beyond our control, we shall try to arrange for alternative treks like Lamayuru Trek, Zaskar Valley Trek or the Indus River Trek looking at the situation and possibility of the events. If the participant is unwilling to go for the alternative trek, there would be no refunds. As for Chadar trek, all the services have to be arranged before hand and cannot be shifted to any other date.

No show and Trek Changes/Cancellation due to bad weather or natural calamity will be non-refundable. No money shall be refunded in case a person is rescued and brought back to the base camp before the said date. If the travellers need to return before the trip ends, they shall have to bear all the expenses for accommodation, transport and meals at Leh or any other place.